

Message of Hope

WINTER • 2026

 **CATHOLIC
CHARITIES**
CENTRAL TEXAS
ENGAGE. EDUCATE. EMPOWER.



PUTTING LOVE INTO ACTION DURING GIVING DAYS

At Catholic Charities of Central Texas, we believe every person deserves to feel cared for and confident. Many of our clients struggle to afford basic necessities and some are most recently dealing with the strain of reduced SNAP benefits. In December, CCCTX held several Giving Day events across our service area to help ease the financial burden many of our clients face during the holidays.

With the help of volunteers, we distributed basic necessities, including diapers, baby hygiene, adult hygiene, and HEB gift cards to help make their holiday season brighter. Providing these essential supplies is just one way we help restore dignity and remind our clients that they are valued and matter. A big thank you to everyone who donated items to help make these Giving Day events possible!

**250 HOUSEHOLDS SERVED AT
DECEMBER 2025 GIVING DAYS
BECAUSE OF YOUR
GENEROUS DONATIONS!**



HOPE GROWS HERE WHEN WE COME TOGETHER

Our community truly showed up for Creating Hope 2025 — filling the room with compassion, generosity, and joy. Attendees enjoyed refreshments and great conversation. Music from the St. Michael's Preparatory School jazz trio provided entertainment. Our guests enjoyed an informative program featuring Bishop Daniel Garcia and beautiful words of gratitude from a Central Texas flood client.



Vonita (pictured left), our client speaker, accompanied by her son and friend who supported her at the event.

CLIENT STORY

You helped make this event one of our most successful fundraisers ever! As Vonita, our client speaker, shared at the event:

"I've been given so much, not only necessities, but hope and knowledge that my life matters to people I've never even met."

This is the kind of hope you helped grow at Creating Hope—families supported, children thriving, and neighbors finding stability in challenging times.



Creating Hope attendees celebrate planting seeds of hope in Central Texas.

RESULTS

Here's what we accomplished thanks to the generosity of our community:

- **\$551,395** raised to transform lives across Central Texas.
- **29** brand new Friends Society* donors welcomed to the mission.
- **17** current Friends Society donors chose to increase their pledge.

**Donors making a sustaining gift of \$100 or more per month*



Honorary Chairs, Johanna and Matthew Brown, welcomed guests and kicked off the program.

HONORARY CHAIRS

We are grateful to Ambassador Circle members Johanna and Matthew Brown, this year's Creating Hope in Central Texas Honorary Chairs. Thank you for helping us host a wonderful night of community and going above and beyond in leadership and generosity of spirit!

RESPONDING QUICKLY WHEN THE NEED IS GREAT: CCCTX DISASTER RESPONSE



Central Texas flood survivor (pictured left), who received a car replacement from CCCTX to be able to take her daughter (right) to out of town doctor visits for serious her health issues.

When a disaster hits, survivors are affected in different ways. Our flood relief work often falls outside the scope of what insurance, government aid, and other community resources can cover. While much of our effort goes toward providing short-term assistance to help families stay housed and keep utilities on, there are everyday, often-overlooked needs that prohibit families from moving forward.

After the July 2025 floods, our Disaster Response team has helped families return to safe, livable homes through critical home repairs and, when home are beyond repair, by replacing their housing. In addition, we've replaced items that make a house a home, such as beds, appliances, and everyday necessities. Reliable transportation is another essential for recovery, so CCCTX services has replaced vehicles so families can return to work, school, have necessary access to their medical care, and more.

Thanks to your generosity, Catholic Charities of Central Texas can address both the big and small barriers to complete recovery by helping families not just rebuild, but truly begin again.

GROWTH IN THE BRAZOS VALLEY OFFICE

We are excited to announce that Counselor Brook Teoli-Phelps has moved to our Brazos Valley Office. Brook began volunteering with CCCTX in 2017. After completing her bachelor's degree and beginning her master's program, Brook became a counseling intern where she continued to grow as a practitioner with guidance from our Counseling Services staff. She joined CCCTX full-time, and now serves as a licensed clinical social worker. Brook walks alongside diverse communities like veterans post-service, adults with trauma, individuals grieving, and new moms welcoming a child. Brook is a valued member of the Catholic Charities staff.

"I look forward to getting to know the Bryan-College Station community, better. I have had the pleasure of attending events and football games in the area, but I want to learn more. I have often been a visitor and am excited to become a member of the community!"

-Brook



CATHOLIC CHARITIES CHANGEMAKERS: MEET CATHY & BRENT MUTH



After meeting in Minnesota, Cathy and Brent settled in Austin where Cathy grew up. They raised two daughters surrounded by family and their faith. The Muths are members of St. Theresa Catholic Church and have worked hard to root their family in their community, while forming an ongoing commitment to helping others when they can.

"We choose to give to CCCTX because we know there is a need right in our own backyard." Cathy says. "Catholic Charities knows how to understand their clients and where they need help most ... CCCTX says, 'Yes, how can we help?' And they say it often!"

GET INVOLVED

Volunteers are the heart of our mission. Whether you're looking to give back as an individual or bring a group together for a meaningful experience, your time and energy help strengthen our community.

You can serve weekly, monthly or even just once — every bit counts! Visit ccctx.org/volunteer to learn how to get involved.



PROUD PARTNERS



MISSION STATEMENT

People of faith serving anyone in need by strengthening families and promoting respect for human dignity and life.

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