


Message of Hope

SPRING • 2026

 **CATHOLIC
CHARITIES**
CENTRAL TEXAS
ENGAGE. EDUCATE. EMPOWER.

HOPE GROWS IN A COMMUNITY THAT CARES

As a teacher, Doug spent his days guiding and encouraging his students. At home, he and his wife were preparing for a new role as parents. They dreamed about the future and carefully planned for the months ahead, eager to welcome their first child. To make ends meet during the summer break, Doug secured a seasonal job. When that opportunity unexpectedly fell through, so did their sense of stability. Suddenly, the couple was left without the income they were counting on to cover rent, utilities, and the growing costs of preparing for a baby. What should have been a season of hope quickly became a time of crisis.



“We’ve been struggling just to cover our basic needs like rent, groceries, and utilities. It was incredibly stressful trying to figure out how to make ends meet.”

-Doug, Financial Stability Client

In that difficult moment, they turned to Catholic Charities of Central Texas (CCCTX). Doug was hesitant to ask for help, but as he shared, “Desperation and my responsibility for my family outweighed my reluctance.”

Doug and his wife met with Valerie, a case manager in the Financial Stability program. “Valerie didn’t just take down information. She truly listened to our story. I could hear the genuine concern in her voice as I explained our situation,” Doug said.

CCCTX’s Financial Stability program covered their rent and utility payments, ensuring they could remain safely housed. They also enrolled in our St. Gabriel’s Pregnancy and Parenting Program, where they received parenting education and essential items like diapers, wipes, and formula.

Our support eased their financial burden and allowed them to focus on what mattered most: preparing a stable, loving home for their child. But for Doug, the impact went beyond financial relief.

“Your generosity provided more than money. You gave us hope during our darkest time and reminded us that we are part of a community that truly cares.”

Thanks to supporters like you, families like Doug’s can find hope in moments of crisis.

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EXECUTIVE DIRECTOR'S CORNER: STRATEGIC PLAN

As an organization deeply invested in serving our local community, Catholic Charities of Central Texas is always looking thoughtfully toward the future. One of my priorities as Executive Director is to ensure that we respond to the needs of our community today, and we remain nimble to meet the needs of tomorrow. I am excited to share that we have launched a strategic planning process that will help guide and strengthen our mission in the years to come.

This work began by listening. We gathered meaningful input from clients, supporters, partners, and staff to better understand our strengths, identify opportunities for growth, and respond to the most pressing needs in our community. Recently, our Board of Directors convened to review this feedback and begin shaping the framework of our new strategic plan.



My hope is that you see this strategic plan as an indication of just how much your support means to the Catholic Charities mission and those we serve. It is a meaningful step toward strengthening our impact and honoring the trust you place in us.

I look forward to sharing updates with you as this important work continues, and to continuing this journey together in service of our community.

Blessings,

A handwritten signature in black ink that reads "Allison Cavazos".

Allison Cavazos, Executive Director

HELPING FAMILIES START FRESH

Small acts of love bring real hope to families facing hardship. Thank you to all our friends and supporters who purchased home care and personal hygiene items through our Lenten Donation Drive. We collected over 1,000 items to build 60 robust home care kits filled with essentials like laundry detergent, dish soap, shampoo, body wash, and more. With rising grocery prices, these items are unaffordable for many of our neighbors who are struggling to make ends meet. Your donations to our drive resulted in over \$5,000 in cost savings for clients! By providing families with these items, we are helping the families we serve step into spring with peace of mind.

"We are overwhelmed by the response of our donors and the number of items we've received. We know how expensive it is to buy things for the home. These materials go a long way to help our families who are struggling or are in crisis."

– Emmanuel Villareal



A client receives their home care kit from Executive Director, Allison Cavazos (left) and new St. Gabriel's Pregnancy and Parenting Director, Debbie Haney (right).

CATHOLIC CHARITIES CHANGEMAKER: MICHAEL O'QUINN



Event host Mike O'Quinn with Bishop Daniel Garcia, who graciously attended in support of CCCTX.



Mike O'Quinn shares why he supports CCCTX to members of the Bryan-College Station community.

Catholic Charities' mission wouldn't be possible without supporters and advocates like Michael O'Quinn. Michael is a board member at Catholic Charities of Central Texas, and recently opened his home to share CCCTX's mission with other members of the Bryan-College Station community. This gathering allowed both new and old friends an intentional look into the mission and an opportunity to join Michael in helping change the lives of those in need in the Brazos Valley.

"[The work of Catholic Charities] is essential because there is need. Real need. We must answer that call to serve others, to help provide them the tools for a sustainable life," said Michael. "I have seen, firsthand, the good CCCTX has provided to all who seek help. Lives are changed for the better!"

Michael is also the Chief Strategy Officer at Texas A&M University, is on the Pastoral Council at St. Mary's Catholic Center, and serves on the board for Catholic Missionary Disciples.

MEET DEBBIE HANEY, DIRECTOR OF THE ST. GABRIEL'S PREGNANCY AND PARENTING PROGRAM!

Please join us in welcoming Debbie Haney, the new Director of our St. Gabriel's Pregnancy and Parenting Program (SGPPP).

Debbie was interested in CCCTX because of her own experience working with Catholic Charities to adopt her daughter. She believes strong families start with strong parents as role models for children. Debbie and her husband, Jason, are active members of St. Joseph's Catholic Church in Bryan.

"I think it is important for our supporters to know that SGPPP has an amazing staff whose heart for the mission is unparalleled," Debbie shared. "It is an honor to be a part of an organization whose entire mission is to serve anyone regardless of their background, and whose tenets are based on Catholic Social Teaching."

Debbie has a master's degree in education with a focus on Administration and Supervision and a doctorate in Ethical Leadership. She started as a teacher and eventually served as a principal at Catholic schools in the Archdiocese of Galveston-Houston.



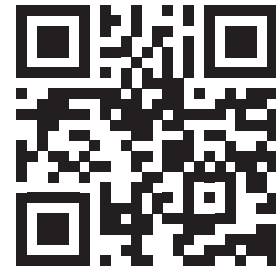
STUDENTS STRIVING TO SERVE

CCCTX is inspired by the youth who are making a difference! This spring, students from St. Mary's Catholic School in Taylor, Texas, participated in their School Service Day by getting involved with CCCTX. These dedicated students organized supplies, packed diapers, and learned more about our mission and Catholic Social Teaching. Thank you to all the students who contributed their time and put love into action!

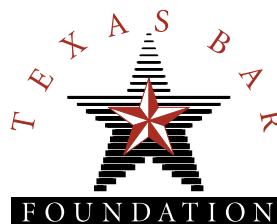


A SUBSCRIPTION THAT GIVES BACK

Do you have a monthly subscription to a streaming service, gym, or movie pass? Many of us have ongoing payments for entertainment or fitness, but have you considered a subscription that gives back? You can get involved with CCCTX by making a recurring donation that creates a meaningful difference for families in crisis. Scan this QR code or visit ccctx.org/donate to sign up for a recurring gift of any size. No matter the amount, every donation will help transform lives!



PROUD PARTNERS



MISSION STATEMENT

People of faith serving anyone in need by strengthening families and promoting respect for human dignity and life.

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